



# Nandi Sanctuary

## News and Views

**Our newsletter is  
back in Action!**

Due to many unavoidable circumstances in these challenging times, our Newsletter has been delayed several times.

Some of our News is from last year but certainly is still valuable to read!

**THE AUSPICIOUS  
DEPARTURE  
of Our beloved  
Ganga Narayana.**

*September 2020*

It is with mixed feelings of sadness and joy that we convey news of the sudden and unexpected passing away of our beloved Ganga Narayana.

Ganga Narayana came into our midst and stole our hearts with his beautiful qualities of innocence, sweetness, humility and profound tolerance. He gave us his association for some time and then peacefully left...to take up his eternal service to Krsna in the transcendental realm.

Ganga Narayana departed from this world during a rare period of a few hours in which all 7 major planets were lined up in their own houses; an extremely auspicious constellation which last

occurred about 500 years ago and will not happen again for another 250 years!



The soul we fondly knew as Ganga Narayana was very, very special. We are deeply grateful to Krsna that we were given the opportunity to serve him. Ganga Narayana brought many devotees together in a mood of loving cooperation. We all shared a special kind of joy in his presence. His pure body lies within the sacred earth of Sridham Mayapura.

**Jaya Giriraj!  
Govardhan Puja**

*November 15, 2020*

Govardhana Puja at Nandi Sanctuary was celebrated very blissfully and was simultaneously the "inauguration" of our newly constructed "Kirtan Mandap". This open area situated between our upcoming temple to Lord Shiva and Nandi, and Tulasi Devi's special place, (which will be known as Vrinda Kunja), will enable devotees to gather for

Gau Kirtan, (kirtan amidst the cows and bulls) for yajnas and for festivals.

This day also marks the birthday of Giriraj Govardhana Lal, our handsome Gir bull.



A beautiful Govardhana Hill was fashioned from gobur, complete with flower decorated kundas, small trees and blossoming flowers. The various holy places on the Hill were nicely signposted with small flags. Anapayini Radha, Sri Radha padmalaya, Cintamani, Hari Nama and Sita worked together to decorate Govardhana.

HG Madhavananda das and HG Krsna kunda dd kindly brought their beautiful Govardhana Sila for abhishek. Prabhu then spoke on Govardhana lila, charming both young and old with his narration.

After arotik and pushpanjali, the devotees circumambulated Govardhana to the accompaniment of melodious kirtan.

The festivities concluded with feeding and worshipping the Cows and Bulls, followed by a sumptuous feast prepared by Dayal Mukunda prabhu and Yashomati mataji.

**Giri Govardhana ki jaya!!**

**Please meet  
our newest residents...**

**Welcome Dina Bandhu**

*November 2019*

We received a call from the local Animal Welfare Officer: "We have an abandoned pony, practically starving for lack of food. We have no facility to care for him. Can you take him in at Nandi Sanctuary? "



Are you surprised? You were expecting to see a bull, calf or cow?

Due to a lifetime of hard labour, carrying and pulling heavy loads, this pony now has difficulty walking. When he became useless for working purposes, his owner, sadly, abandoned him...

After a suitable vehicle was arranged, our new resident was brought to the shelter of Nandi Sanctuary. We have named him Dina bandhu.

Dina Bandhu has settled in remarkably well. He is a very friendly chap and expresses his welcome and his gratitude with a gentle but enthusiastic whinny.

He has gradually been increasing his intake of food (mixed dry fodder, green grass and organic bran), is gaining weight and seems very contented in his new specially constructed stable... which overlooks the Jalangi.

**Welcome Bhakti and Balai**

Bhakti is a beautiful white cow with curved horns. She grew up in a local village and, upon reaching maturity, gave birth to the first of many calves. As is typical, she was milked by her owner for selling the milk. Her calves were allowed very little, if any,

of their mother's milk and were all separated from her in infancy. Bhakti was sold from one owner to another. With each owner her calf was kept separate from her.



Eventually Bhakti was bought by a devotee, who tried to take care of her along with her male calf, Balai. Due to circumstances and lack of experience, he found it difficult to maintain them.

One Mataji had a dream in which the previous owner wanted to buy back Bhakti's calf.

When HG Dayal Mukunda das was informed of this dream, he enquired from the devotee who was trying to care for Bhakti and her calf. This caring devotee confirmed that indeed the previous owner had approached him to buy back the bull calf.

At this point Bhakti's bull calf was about 8 months old. This is the age at which bull calves are generally sold at the market, for fattening and slaughter. This had become an urgent situation!

To protect both mother and calf, Dayal Mukunda prabhu bought them...and brought them to the shelter of Nandi Sanctuary. Their names are Bhakti and Balai. The Sanctuary is Home now.

Bhakti is happy to be together with her calf and able to feed him with her milk. When they first came, she constantly licked Balai out of intense affection. This is the first time she is able to see her offspring grow up and continue to give her milk freely.

Balai is very innocent and gentle. By the mercy of Krsna and the devotees, he will grow to be a fine,

handsome adult Bull in the protected and loving atmosphere of Nandi Sanctuary.

## Gopastami Festivities

*November 22, 2020*

By the mercy of Srila Prabhupada and all the Vaisnavas, we celebrated Gopastami in a very sweet way this year.



HG Madhavananda das gave a wonderful talk, filled with the nectar of Krsna's Vrindavan pastimes. The children were busy making devotional pictures which were later put on display. Agnidev prabhu led a beautiful kirtan.

After Gau Puja, the Cows and Bulls were fed sumptuously with fresh watermelon, cucumber, cabbage, apples and bananas as well as their favourite Gau laddus.





There was fun with a gobur aiming competition!  
And finally, a feast of very special kitchari cooked by HG Dayal Mukunda das and served with puris along with delicious sweets prepared by the matajis. Gauranga prabhu also made a wonderful apple chutney.

## The Opulence of Green! ...



Pictures are worth a thousand words! Just see the Opulence...If our bulls and cows could roam green pastures as they should, it would be the perfect situation, both for their health and general well being.



It is not possible at the moment.

Therefore, our intrepid Dayal Mukunda has organized the growing of organic green fodder - no easy task! - on adjacent acres of land

## Our Mobile Veterinary Clinic has been busy....

As many of our readers know, we have a Mobile Vet Clinic which goes from Village to Village in the Krishnanagar and Navadwipa areas. The Krishnanagar group just reported their work

### March & April

**Visiting days:** 40/6 hours a day

**Villages covered:** 80

**Animals treated:** 4,637. Of this number 1,290 were Cows and Buffalo

**Families** having received assistance: 1,379



Their work often involves educating local farmers in how to properly care for cows.

### News Flash

Recently one of their patients was a very young cow (Heifer). She had bloat which can quickly become life threatening. In addition, her legs had become very stiff. They treated her with IV saline and other medicines. They also told the owner not to feed her rice. Grass and bithuli + a little wheat are normal fodder for cows. Rice is "fodder" for humans. On follow up visit the next day, the little Heifer was eating well... Her bloat was gone, and her legs had become normal. Well done! A Dhamvasi cow is spared suffering and death.

# The Opulence of Nanda Maharaja

*ayājayad go-savena  
gopa-rājam dviṣottamaiḥ  
vittasya coru-bhārasya  
cikīrṣan sad-vyayaṁ vibhuḥ*

## TRANSLATION

**The Supreme Lord, Kṛṣṇa, desired to utilize the opulent financial strength of Mahārāja Nanda for worship of the cows, and also He wanted to give a lesson to Indra, the King of heaven. Thus He advised His father to perform worship of go, or the pasturing land and the cows, with the help of learned brāhmaṇas.**



## PURPORT

Since He is the teacher of everyone, the Lord also taught his father, Nanda Maharaja. Nanda Mahārāja was a well-to-do landholder and owner of many cows, and, as was the custom, he used to perform yearly worship of Indra, the King of heaven, with great

opulence. This worship of demigods by the general populace is also advised in the Vedic literature just so people can accept the superior power of the Lord. The demigods are servants of the Lord deputed to look after the management of various activities of universal affairs. Therefore it is advised in the Vedic scriptures that one should perform *yajñas* to appease the demigods. But one who is devoted to the Supreme Lord has no need to appease the demigods. Worship of the demigods by common people is an arrangement for acknowledging the supremacy of the Supreme Lord, but it is not necessary. Such appeasement is generally recommended for material gains only. As we have already discussed in the Second Canto of this literature, one who admits the supremacy of the Supreme Personality of Godhead does not need to worship the secondary demigods. Sometimes, being worshiped and adored by less intelligent living beings, the demigods become puffed up with power and forget the supremacy of the Lord. This happened when Lord Kṛṣṇa was present in the universe, and thus the Lord wanted to give a lesson to the King of heaven, Indra. He therefore asked Mahārāja Nanda to stop the sacrifice offered to Indra and to use the money properly by performing a ceremony worshipping the cows and the pasturing ground on the hill of Govardhana. By this act Lord Kṛṣṇa taught human society, as He has instructed in the *Bhagavad-gītā* also, that one should worship the Supreme Lord by all acts and by all their results. That will bring about the desired success. The *vaiśyas* are specifically advised to give protection to the cows and their pasturing ground or agricultural land instead of squandering their hard-earned money. That will satisfy the Lord. The perfection of one's occupational duty, whether in the sphere of duty to oneself, one's community or one's nation, is judged by the degree to which the Lord is satisfied.

*Srimad Bhagavatam 3.2.32.*

*His Divine Grace A.C. Bhaktivedanta Swami  
Prabhupada*

This chapter from the 2<sup>nd</sup> Canto, entitled the Remembrance of Lord Krsna is full of transcendental emotions. Uddhava has been asked by Vidura to speak the messages of Lord Krsna. At first Uddhava is so overwhelmed with transcendental ecstasy, remembering Lord Krsna's activities, that he cannot even speak. He is struck dumb. Then he begins to describe the pastimes in the same way we would remember the activities of a loved one. Just a few words can recall all the details of memorable events.

Uddhava begins by saying: "I remember when Lord Krsna desired to utilize the opulent financial strength of Maharaja Nanda...." Then he goes on to describe how little boy Krsna taught a lesson to Indra, the mighty Lord of Rain. The residents of Vrndavana understood the importance of proper respect toward him. Neither drought nor torrential rains are beneficial. Every living being on this planet needs the mercy of Indra because his service is to ensure just the right amount of rain at the correct time.



What happens on this day designated to honor Lord Indra is amazing, revolutionary. Krsna advises his father to make a shocking departure from tradition. Nanda Maharaja at first attempts to convince boy Krsna, of the necessity of this Yajna to satisfy Lord Indra. Krsna listens politely but then admonishes His father and advises him to worship "go, or the pasturing land and the cows" instead of Indra.

Devotees love Govardhana Puja. Every year, we remember that, as a result of the Brijabasis worshipping Govardhan Hill, Lord Indra became so angry that he flooded the land of Braj, and Lord Krsna lifted the Hill of Govardhana, the pastureland of the cows, to protect the residents of Vrndavana.<sup>1</sup>

In the translation of this from Chapter 3, even before the purport, Srila Prabhupada makes a particularly important point. The transliteration of the words "*go-savena*" referring to the worship of Go is "*worship of the cow*" In the verse Srila Prabhupada includes **the land on which the cow's pasture** in this worship.

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<sup>1</sup> This land, Govardhan Hill, which the residents of Braja make available for the protection and pleasure of cows, calves and bulls, becomes non-different from Krsna and becomes the land which in turn protects the residents of Vrndavana from the wrath of Indra



“He therefore asked Maharaja Nanda to stop the sacrifice offered to Indra and to use the money properly by performing a ceremony worshiping the cows and **the pasturing ground** on the hill of Govardhana.”



## THE GRAZING LAND IS AS WORSHIPABLE AS COWS

- Every year on Gopastami, we worship cows.
- On Vrsabhotsavam we worship bulls.
- On Govardhana puja we worship cows and the LAND on which they graze.

Worship means service. There is no genuine worship without

service. In the morning we worship Srila Prabhupada in Gurupuja. Every second or third generation devotee worships his Spiritual Master on his appearance day. If we were not simultaneously serving the mission of our Gurudeva, following His instructions, there would be little to no meaning to that puja. It would be a waving of incense and ghee lamp. To the extent that we are sincerely endeavouring to serve, Guru puja becomes authentic.

**The land on which the cows graze is so sacred that:**

“ Kṛṣṇa assumed a great transcendental form and declared to the inhabitants of Vṛndāvana that He was Himself Govardhana Hill in order to convince the devotees that Govardhana Hill and Kṛṣṇa Himself are identical.” *Kṛṣṇa Book Ch24*

We miss the full import of this event when we do not meditate



on the extent to which Kṛṣṇa will go to teach us the importance of serving cows. On the battlefield, the Lord of the Universe, assumed the role of a sudra and became the charioteer of his devotee Arjuna. Here Kṛṣṇa becomes the humble earth from which the grass and herbs grow for the nourishment of cows. Lord Kṛṣṇa identified their pastureland, Govardhana, as identical with Himself.

Therefore, to this day, we worship the rocks of Govardhana Hill.... Do we not? So many devotees cherish and worship Govardhana Silas, big or small.

In the purport of this verse Srila Prabhupada reminds us of another instruction given through this pastime.

By this act Lord Kṛṣṇa taught human society, as He has instructed in the *Bhagavad-gītā* also, that one should worship the Supreme Lord by all acts and by all their results. That will bring about the desired success. **The vaiśyas are specifically advised to give protection to the cows and their pasturing ground or agricultural land instead of squandering their hard-earned money. That will satisfy the Lord.** The perfection of one's occupational duty, whether in the sphere of duty to oneself, one's community or one's nation, is judged by the degree to which the Lord is satisfied.



***HG Kurma Rupa das, CARE FOR COWS Vrndavana***

*We are grateful & indebted to this special Vaisnava for his commitment and dedication to serving bulls and cows*

By one means or another we must serve bulls and cows. This means every one of us, city devotee or farm devotee, grihastha or sannyasi, rich or poor. **We need to**

**become bull and cow conscious. We need to do this because we are the International Society for becoming conscious of Kṛṣṇa...And Kṛṣṇa loves cows and bulls.**

**“That will satisfy the Lord”**

***Srila Prabhupada SB 3.2.32***





**Our deepest gratitude to  
all our friends, and well-wishers of Cows & Bulls,  
for their support and encouragement.  
We pray that Lord Krsna will bless them.**

**All of our Pujas and fire Yajnas are performed in the names of  
all devotees and friends of Nandi Sanctuary  
who have served and contributed in any way, large or small.**



**Akshaya Tritiya** May 14, 2021 is an auspicious day for new beginnings. When the Pandavas were sent into exile, the Lord presented them with a bowl named Akshaya Tritiya. It was never empty and produced unlimited foodstuffs on demand.

For Nandi Sanctuary, this day has always been special. Because, right at this time in 2019 we were given the care of 13 bulls. We certainly needed a bowl which would provide unlimited fodder! And we have been fortunate, by the mercy of many devotees and the hard work of many more, that our Surabhi gotra continues to live peacefully and are always well cared for. This year, many devotees participated in the Yajna, by their donations. We named and filled with grains a pot for every devotee.... And we made sure that every grain was offered in the Yajna. To view a Video, please go to:



<https://youtu.be/ZzLbLgwRk-M> Nandi Sanctuary Aksaya Tritiya

# Bull & Cow Stories

## *My Name is Nitai*



*Janmashtami and Me (in the blue-green scarf)*

I was rescued with Janmashtami, also a young bull from my neighborhood. We were both tied down to a cart. That man who tied us down was nasty to Janmashtami. He was not any nicer with me, than he was with my brother. *We are like brothers now. Always together.* Before I was trussed to the cart, my life was not much different from Janmashtami's. People don't have much use for bulls these days. Bottom line

is...We don't give milk. **End of story.** For over 95% of us. That means the **End of our life** too.

We are kept alive until our mother stops giving milk. Then "a man" comes and takes us away. I heard the man say, "for training" But where are the trained bulls? There were none in our village. There should be thousands of trained bulls. Where are they?

To get back to my story. After us being trussed to the cart, it was stopped by a man in a white car. After some loud discussion, we followed the white car to his place on the Jalangi. Beautiful! I saw several other happy looking cows and bulls living there. The man in the white car is in charge here. He is quite different from the man who tied us down. He wouldn't let anyone be mean with us. And then we got a box full of green fodder and fresh water.

Now a few months later, it turns out that this is really a good place. My "brother" Janmashtami and I are always together. We live in a nice clean pen. Every day we go out into a bigger area for sunshine, and we can run there if we want. I will be happy to see you especially if you have some cabbage nicely cut in bite size pieces.



# TRAINING BULLS WITH RESPECT AND LOVE

*The following is an excerpt from the writings of HG Daivata das, who worked with oxen and horses many years ago in New Vrndavana. He is now training bulls/oxen to work without any use of violence. Essentially his method is respect, patience and love for Dharma, the Bull, who is our Father*

Here at Govardhana Eco Village I have been working with bulls and oxen. I'll try to keep this simple. Generally, my first daily encounter with Prem Das and Ananta, the young bulls I am training, is in the morning. Morning is best time of day for me to train and for them to be trained.



After japa, I get my necessary equipment together: my jaggery box and fill it with bull sweet balls and my equipment bucket (halters and brush) Prem and Ananta are standing around AFTER eating their healthy breakfast. They are waiting for me to call them for training (That they are actually waiting for me did not happen overnight!) I did try other times like when they are lined up about to eat or have not finished eating. Guess what? It is quite difficult to get their attention. **This is important.** Next, I bring them both out from the herd or their yard to brush them.

Some visiting devotees often come to the Goshala while chanting their rounds. They see me talking to Ananta or Prem Das. After the brushing I take them for a walk to get them accustomed to leaving their home, friends, family and food. **This is the**

**first stage of training!** Naturally the devotees become curious and want to know what I am doing. **While brushing them,** I talk with the bulls about different things, mostly spiritual matters appropriate for them. I often remind them that they didn't get their big strong bodies for no reason. Krsna wants them to serve the devotees with their strong bodies. I found Ananta really likes to listen. He has got big ears which is a good advantage for spiritual life. Did you know there is a direct connection between hearing and the heart? Amazing! Don't you think? Ananta very quietly and attentively listens and looks at me, like "Are you talking to me?"

## BULL KNOWLEDGE AND MISCONCEPTIONS

These visiting devotees most likely have never seen anyone working with Bulls. So, it is important for me to talk with them also.

One time a wonderful devotee lady from Germany, came over and asked,  
"Does your bull, Prem Das butt people on purpose?"  
"Oh yes! Don't you? Please forgive me. I was being sarcastic, not uncommon for me. This issue of bulls

butting people, I try to see it from the bull's perspective. We have developed a little routine here. You've dropped in today but what you are seeing here has taken two years to develop."

*"Two years...? Sounds like a long time..." says the wonderful devotee*

*"But it is more like 51 years since I was initiated by His Divine Grace A.C. Bhaktivedanta Swami Srila Prabhupada. He taught me who the bull is, and I am just now beginning to have some realization of the deep significance of what He has taught me. So, 2 years is not so long for fully training a bull. Let's face it most of us are pretty slow learners."*

*So now I am inspired, because this devotee is really listening to me*

*" This mild mannered, pure white, lotus eyed, male member of the Tarparker bull breed, is standing here on the four pillars of religiosity: truth, cleanliness, austerity and mercy. These pillars are his four legs. The bull is the Father of civilization,*

*our Father. We are humans but he is our father. Why? because he is the provider. **In cooperation with human beings**, he can till the earth which will provide the food for everyone. And while doing so, he fertilizes the earth with his dung and urine and massages the earth with his lotus hooves. So, if he looks like he is going to butt you or tries to, just know that he is just being a little protective of the relationship he has developed with me. He wasn't expecting anyone else. Did you have an appointment? It's amazing, isn't it? They do the same things we do. We make appointments, so we don't get disturbed. He doesn't appreciate being disturbed, so if you don't have an appointment with him, keep a respectful distance. Otherwise, he might butt you and other people on purpose."*



Another time I was brushing Prem Das, as I always do, **checking closely under his belly and on the inside of his legs for wounds from fighting. Also checking his ankles for any kind of rock damage.** There was a wound I didn't see and, as I pulled the brush over it, he lifted his hind leg. It landed forcefully on my shoulder. Normally I am kneeling or sitting when brushing his underbelly. I'm so glad that I get to check Prem das' white belly and strong shapely legs. And I get to smell his wonderful fragrance. This is way more auspicious than checking an old Peterbilt triaxle dump truck caked with grease and mud and smelling of diesel fuel. That was a part of my job for many years. I believe Srila Prabhupada would call this "Ugra karma" Anyway, I think the lifting of the leg was saying "That hurt." Meanwhile, I ended up with a lump on my head where his hoof landed before glancing off my shoulder and hitting my leg. This was all in kind of slow motion, which I was glad of. Feeling the weight of his legs was

pretty impressive. Still, I'm sure he was just saying: "Take it easy on my scratch there boss!" I know myself, if I get a shin scratch or cut, it's very painful. Why would I think it's not painful for him? **So, my conclusion is that bulls are very loving, sensitive beings which one can come to understand, when one gets the privilege to know them and serve them.**

One time I was walking backwards in front of them. They were both in a yoke and pulling a tire full of rocks for practice. Just then a dog barked from behind a tree. They both jumped forward, I tripped over a rock and fell underneath them. They both ran over me, and the tire dragged me into the ditch. Screaming bloody murder didn't help me, but the fact that they didn't step on me surely did. Later my bull training professor Madan Gopal Prabhu said casually "Oh no they won't step on you" "What? are you kidding? they won't step on me! That must be the mercy leg that didn't trample me. The other three was just luck." **That they did not trample me was not just luck. They are very loving, sensitive beings.**

**Thank you Prem and Ananta.**



Yesterday a devotee from New Jersey asked a good question. She was aspiring to take initiation from Dhanurdhara Swami and had attended lectures by Radhanatha Swami at the Bhakti Center, on 1<sup>st</sup> Ave and 1<sup>st</sup> Street on the Lower East Side of Manhattan. It's so wonderful to speak with a wandering soul in this material world who has attained the darshan of Sri Sri Radha Murlidhara and discovered Krishna Consciousness in that building. That's because, for many years, my wife Visvadhika Dasi and I helped to establish this center along with many other devotees from New Vrindavana.

This devotee from New Jersey, when she saw Ananta getting his morning brushing, her question was:

*"Do the bulls naturally have a hole in their nose that you can put a rope through and control them?"*

My answer,

*"So, what about African slaves in your country? Were they born with chain and shackles on their hands and feet, and ropes around their necks, in order to control them or get them to work? This example might seem a little too harsh...Really it isn't. Let me tell you. I personally saw a Bengali worker in Mayapur changing the rope in the nose of a young bull. The hole had become infected. To do that, he used a huge rope to tie the bull's head to 2*

*trees that were so close together that he had to twist the bull's head to get his horns through. Now the bull couldn't pull his head back, nor could he get his shoulders or legs through in the forward direction. Then he tied his horns to the trees on both sides so tight, that the bull's eyes were popping out. I felt like I was going to throw-up. I just wanted to run away. So, I won't even tell you the rest of the rope changing procedure. I knew right then and there I wasn't going to have anything to do with nose ropes. So, to answer the question simply: **No, they do not have ready made holes in the skin between their nostrils for a rope, chain or metal ring.**"*

Now, why did Prabhupada say in a darshan at New Vrindavana that a bull is controlled through the nose. I don't know. It might have something to do with the fact Yudhishtira Prabhu thought it would be a great opportunity for his team of Oxen to attend that darshan. Srila Prabhupada was seated on a cushion on the ground under a tree above the devotees seated on blankets below. The lawn sloped a little down to the road. There were also devotees standing on the road, as I remember. When Yudhishtira and his team came upon the scene pulling a cart, his bulls decided the grass was much more abundant up where Prabhupada was. They figured it would be alright to move on through the crowd and chew on that grass during the darshan. So, while Yuddhisthira paid his obeisances, they decided that now was a good time to move on in. The crowd had to scatter quickly as the oxen didn't have any stops planned on route. You can see the video of that darshan. Srila Prabhupada glances frequently making sure they are still tied to the fence. But all glories to Yudhishtira 's service. I don't know of anyone else that has taken their working, home trained team of bulls to a darshan of Srila Prabhupada.

# Children's Corner

## Jiv Jago...Sleeping Cow!

*Jiv jago is a great group game that can be played inside on a rainy day or outside when the sun is shining. It will test your self control...It is hard not to laugh when you are not supposed to...! Best played with more than 5 children*



### SUPPLIES:

1. A play area large enough for the number of children playing to be able to lay down
2. To make the game more fun, you can make paper cow ears before playing the game. This is not essential. For the 1 or 2 Gopalas, a turban can be wrapped around their heads

### HOW TO PLAY SLEEPING COWS

1. Mr./ Mrs. Vaisya, in charge of this Goshala, starts by picking 1 or 2 children to be Gopalas or Gopis
2. Everyone else is a sleeping cow, or bull, or calf. Before “sleeping” the children can tell each other who they have chosen to be, their bull or cow name.
3. Now the children lay down and close their eyes as if sleeping.
4. Mr. Vaisya says “GO” (Did you know that GO means COW in Sanskrit?)
5. After he says “GO”, the Gopalas walk around and try to “wake” the cows, bulls and calves. *Remember NO TOUCHING*
6. There are a few rules about this
  - Gopalas cannot TOUCH the sleeping cows
  - The Gopalas may not say any other words except MOO or JIV JAGO (when they are trying to wake everyone)
  - A cow, bull or calf is officially awake if their eyes open, they smile a little bit, or giggle, or cry, or even move a leg, a hand, an arm, or a foot.... even a little bit
  - Once a cow, bull or calf is awake, they join the Gopalas and Gopis and try to wake those that are still asleep
  - The last cow, bull or calf sleeping wins. **This “cow” is most eligible for the Mercy of Lord Chaitanya whose mission it is to wake all sleeping souls**





## **Nandi Sanctuary,** *a project of People for Animals International*

Registered with the Animal **Welfare Board of India**  
174 Surabhi Kunj, Sri Mayapur  
[www.peopleforanimals.co](http://www.peopleforanimals.co)

*We are inspired by Srila Prabhupada's instructions in the care and management of cows & bulls. We are currently serving 26 bulls and cows within our Sanctuary. In the surrounding villages we are extending our care to thousands through our Village to Village Animal Welfare Program. Over 10,000 have been benefitted in the past year. Our goal is to establish a Model so that the protection of cows & bulls and the compassionate treatment of all animals comes to be seen as an achievable and desirable goal by everyone.*

**The Killing of cows by the human society is one of the grossest suicidal policies, and those who are anxious to cultivate the human spirit must turn their attention **FIRST** toward the question of cow protection**

*His Divine Grace A.C. Bhaktivedanta Swami Prabhupada Light of the Bhagavat, 27*

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*Please take a moment to connect with **Sri Surabhi App***

The SRI SURABHI App aims at creating awareness about IDVM-India's twelve year "OM Sri Surabhi Campaign" with mottos "Save our Cows", "Save our Villages", "Save our Culture"

"Hare Krishna. This is the complete app to connect people and spread awareness of Mother Cow"

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**For Preaching, BOOKS are the BASIS**



**For Varnashrama Dharma, COWS are the BASIS**